NORTHERN CALIFORNIA COMMUNITY BLOOD BANK 2524 HARRISON AVENUE ♦ EUREKA, CA 95501 ♦ 707-443-8004

Medication Deferral List

| Are being treated with the following types of medications | or have taken | which is also called | anytime in the last |
|---|---|----------------------|---|
| 5 v I | Feldene | piroxicam | 2 days |
| Anti-platelet agents (usually taken to prevent stroke or heart attack) | Effient | prasugrel | 7 days |
| | Brilinta | ticagrelor | |
| | Plavix | clopidogrel | 14 days |
| | Ticlid | ticlopidine | |
| | Zontivity | vorapaxar | |
| Anticoagulants or "blood | Xarelto | rivaroxaban | 2 days 7 days |
| | Fragmin | dalteparin | |
| | Lovenox | enoxaparin | |
| | Pradaxa | _ | |
| | | dabigatran | |
| | Eliquis | apixaban | |
| thinners" (usually to prevent | Savaysa | edoxaban | |
| blood clots in the legs and lungs and to prevent strokes) | Coumadin Warfilone | warfarin | |
| | Jantoven Heparin, low molecular weight heparin (unless listed separately) | heparin | |
| | Arixtra | fondaparinux | |
| Acne treatment | Accutane Amnesteem Absorica Claravis Myorisan Sotret Zenatane | isotretinoin | 1 Month |
| Hair loss remedy | Propecia | finasteride | |
| Prostate symptoms | Proscar | finasteride | 1 |
| | Avodart Jalyn | dutasteride | 6 Months |
| Basal cell skin cancer | Erivedge | vismodegib | 7 months |
| Relapsing multiple sclerosis | Aubagio | teriflunomide | 2 years |
| Psoriasis | Soriatane | acitretin | 3 years |
| | Tegison | etretinate | Ever |
| Hepatitis exposure | Hepatitis B Immune Globulin | HBIG | 12 months |
| Experimental Medication or Unlicensed (Experimental) Vaccine | | | 12 months, or as indicated by Medicated by Medicated Director |
| Growth hormone from human pituitary glands* | | | Ever |
| In the form Comp (Down on Double on | | | |
| Insulin from Cows (Bovine or Beef Insulin) manufactured in the United Kingdom* | | | Ever |

^{*} No longer available in US

DO NOT discontinue medications prescribed or recommended by your physicians in order to donate blood.

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Medication Deferral List

Some medications affect your eligibility as a blood donor, for the following reasons:

Anti-platelet agents affect platelet function, so people taking these drugs should not donate platelets for the indicated time; however, you may still be able to donate whole blood.

Anticoagulants or "blood thinners" are used to treat or prevent blood clots in the legs, lungs, or other parts of the body, and to prevent strokes. These medications affect the blood's ability to clot, which might cause excessive bruising or bleeding when you donate.

Isotretinoin, finasteride, dutasteride acitretin and etretinate can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman. Once the medication has been cleared from your blood, you may donate again.

Erivedge (Vismodegib), Aubagio (teriflunomide) can cause birth defects or the death of an unborn baby if transfused to a pregnant woman. Once the medication has been cleared from your blood, you may donate again.

Growth hormone from human pituitary glands was prescribed for children with delayed or impaired growth. The hormone was obtained from human pituitary glands, which are in the brain. Some people who took this hormone developed a rare nervous system condition called Creutzfeldt-Jakob Disease (CJD, for short).

Insulin from cows (bovine, or beef, insulin) is an injected medicine used to treat diabetes. If this insulin came to the United States from the United Kingdom (where "mad cow disease" has occurred) it could contain material from cattle that have "mad cow disease." Although no cases of the human type of "mad cow disease" have been reported in people treated with bovine (beef) insulin, there is concern that someone exposed to "mad cow disease" through beef insulin could transmit it to someone who receives their blood.

Hepatitis B Immune Globulin (HBIG) is an injected material used to prevent hepatitis B infection following a possible or known exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case, therefore, persons who have received HBIG must wait to donate blood.

Experimental Medication or Unlicensed (Experimental) Vaccine is usually associated with a research study, and the effect on the safety of transfused blood is unknown.

Donors SHOULD NOT discontinue medications prescribed or recommended by their physician in order to donate blood.